

Life Stressors List
ABORTION-VULNERABLE
SINGLE PATIENT

The abortion-vulnerable client is a woman who is in a state in which the individual is at risk of aborting her pregnancy as a result of environmental conditions and life stressors interacting with the individual's adaptive and defensive resources. The more of the following environmental conditions or life stressors she has – the greater the risk of her choosing abortion.

- Pregnancy was unplanned
- Boyfriend/father of child pressing for abortion
- Boyfriend/father of child undecided
- History of abortion
- Is a teen pregnancy
- Between 20 and 26 years old
- Recently divorced
- Broke up with boyfriend
- Unsure about who the father is?
- Raped
- Living with parents
- Parents divorced
- Parents separated
- Homeless
- Living with boyfriend
- Strict religious upbringing
- Worried about disappointing her parents
- Fearful of her mother or father
- Incest victim
- Friend has chosen abortion
- Family member in favor of abortion
- No health insurance
- Low financial resources
- Feels unsafe or threatened
- In college
- Feels education plan is threatened
- Undecided about what to do about her pregnancy
- Low education level
- In high school
- In junior high school
- Currently has children
- Little to none spiritual grounding
- Male dominate cultural background
- Unhealthy relationship with her father
- Recently moved
- Violation of the law
- Change in living conditions
- Drugs or alcohol abuse

Life Stressors List
ABORTION-VULNERABLE
MARRIED PATIENT

If a woman is married and has one or more of the following conditions, she should be considered abortion-vulnerable. The more life-stressors your patient has in her life the higher her risk of choosing an abortion.

- Unplanned pregnancy
- Already has children (the younger her children are - the more at risk she is)
- Feels current children's safety and health may be threatened if continues pregnancy
- Between 20 and 26 years old
- Newly married
- Marriage problems
- Separated from husband
- Divorced
- Financial pressures
- Husband unemployed
- Uninsured
- Husband unhappy about pregnancy
- Male dominated cultural background
- Illness (husband, key family member, son, daughter, mother, father, etc.)
- History of abortion
- Feels safety is threaten ed
- Feels her security is threatened
- In abusive relationship (emotionally, physically, mentally, etc.)
- Married as a result of a previous pregnancy
- Conception occurred as a result of an extra marital affair
- Child uninsured
- Estranged from mother
- Death of a spouse
- Death of a mother or father
- Husband in jail
- Alcohol or drug abuse (she or her husband)
- Recently moved
- Started a new job
- Loves her job/ identifies self with job/ job is social means
- Perceives pregnancy may put her job in jeopardy
- Attending college
- Close to graduating from college
- Taking medications at time of conception
- History of mental illness (depression, anxiety attacks, etc.)